

LIFE ON PURPOSE

Life on Purpose is a five-session interactive workshop designed to lead participants in growing as a person, learning from other women's life experience and investing in others' growth as well.

Life on Purpose is directed conversation around topics of interest to women who are striving to live their lives with purpose and intention, no matter what their season or status. Determining values, considering beliefs, owning actions, accepting responsibility... the intended results are to intentionally live our lives with confidence and clarity.

TOPICS

- ▶ **Topic ONE: Values and Qualities**
Explore how you view yourself and what you believe to be important in terms of values and personal qualities.
- ▶ **Topic TWO: Powerful Affirmation**
Learn the importance of this powerful tool, both in purposing to affirm others but also to affirm yourself with directed and specific words.
- ▶ **Topic THREE: Personal Behavioral Preferences**
Understand your wiring for preferences of pace and focus. Using a professional assessment (DiSC), look at your behavior objectively for understanding and effectiveness.
- ▶ **Topic FOUR: Influence [inward and outward]**
Consider your preferences, opinions, and convictions. Move towards fluency in the languages of love. Look at how you use your time.
- ▶ **Topic FIVE: Personal Mission Statement**
Write yours. Go forward, confident that you know how to live your life with purpose.

Workshops can be either full or half-day.

- ▶ Life on Purpose can be tailored to weekend retreats or multi-day sessions.
- ▶ Contact Debbie to personalize the Life on Purpose workshop for your group.

YOUR *Best*
THIRD THIRD

Book & Connect with Debbie today!

DH Initiatives

YourBestThirdThird.com

debbie@YourBestThirdThird.com